

**MID-SUMMER REVIEW KBS Intern, REU and URA Programs**  
**\*\*Return a hard copy to Coordinator by Friday, June 30th\*\***

**Review the goals you stated on your Learning Plan from the beginning of the summer, rate yourself, and comment.**

<b>GOAL</b>	<b>RATING (circle one)</b>	<b>COMMENTS</b>
	No progress Some progress Satisfactory progress Above average progress Excellent progress	
	No progress Some progress Satisfactory progress Above average progress Excellent progress	
	No progress Some progress Satisfactory progress Above average progress Excellent progress	
	No progress Some progress Satisfactory progress Above average progress Excellent progress	

**Which of your goals are you most proud of your progress in, and why?**

Look back on specific milestones or obstacles that you overcame. How did you get there?

**Which of your goals have you found the most challenging, and why?**

Any specific roadblocks, unexpected changes in plan, awkwardness, or frustrations?

**What resources and support do you need in order to succeed at your goals?**

Do you need coaching for any specific skills? Do you need equipment? More clarification?

**Looking at your goals, is there anything that you are realizing needs to change?**

Are there some parts of goals that are not realistic (or too easy) to accomplish this summer?

**What specific next steps will you take in the next month to meet your goals?**

What steps will your projects require, and in what timeline will you accomplish these steps?

**What has your experience been with my mentoring been? Do you think anything needs to change?**

What has gone well, and what would be beneficial to change? How can I grow as a mentor?

**FILL OUT THE FOLLOWING SURVEY ABOUT YOUR EXPERIENCE.**

<b>MEASURE</b>	<b>RATING (circle one)</b>	<b>COMMENTS</b>
<b>I am learning and growing the skill sets I will need for my career.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>I am being asked to work at a pace that is appropriate for me (not overwhelming but also not boring or too easy).</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>I am receiving appropriate and helpful coaching from my supervisor on my work.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>I am being pushed to grow beyond the level of skill I came into this internship with.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>I feel comfortable communicating with my supervisor about questions, problems or work-related conflicts.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>My supervisor is showing as well as telling me how to be good at my job.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	
<b>I feel comfortable with the level of dependence/independence I have with my supervisor.</b>	Strongly disagree Disagree Neutral Agree Strongly agree	

We have discussed this review and are in agreement as to fair rankings, as well as next steps.

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Mentor: \_\_\_\_\_ Date: \_\_\_\_\_